

THE FAITH COIN

A TOOL FOR TRANSFORMATION



Designed By The Ancient One

PREFACE

*A portal opens between dimensions,
and The Ancient One steps out,
holding a silver coin in his hand.
He winks and hands you the coin.
The Ancient One speaks like a gentle
breeze. "Take a deep breath. Now let
it out and relax. Allow the ideas that
follow to be like seeds planted in the
fertile ground of your mind. Allow
the ideas to grow, to help you become
all that you can be in the highest sense
of the words."*

*Welcome to the world of
"The Faith Coin".*

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The Concept Behind The Coin:

You can either be in Faith or in fear. Your mind, and emotions, can either be in one state or the other, but not both. Understand that being in fear is a choice. If you are in fear, simply turn it over; turn your consciousness over to Faith. Turn the coin from the fear side over to Faith. Turn the fear over to God or just let it go and "invoke" Faith. How, you ask? That's what this booklet is all about.

SYMBOLS AND MEANING

Faith – Noun

“Confidence or trust in a person or thing.”

— From www.Dictionary.com



THE FRONT

On the front of the coin we see the word Faith, a crown below it and below that a curious symbol within wings. Also on the coin's front are the words "In God We Trust." Between the words Faith and "In God We Trust" are thirteen dots on each side.

An Explanation Of The Coin's Symbolism:

The coin is round, which represents several things.

- 1 Everything is contained in the circle. The circle is the cup and container of the universe. Let this also be symbolic of **your** universe. The sphere of your life. Your sphere of activity, encompassing all you do, all you are, all your potential of being. To use the coin for transformation, let Faith be a guiding power in your life. Faith in what you ask? That choice is yours alone.
- 2 The circle represents oneness. The world is round. The moon, our sun and the stars are all round. Look closely and you will see the connection between The Universe and your sphere. Remember this: **all energy flows both ways**, all things are connected, in reality **all is one!**
- 3 The circle represents eternity, The Eternal and unending spirit. It is wholeness, solidarity, solvency, completion, the Alpha and Omega connected.

*“Faith is the subtle chain
which binds us to the infinite; the voice
of a deep life within, that will remain
until we crowd it thence.”*

Elizabeth Oakes Smith — Atheism in Three Sonnets. Faith.



You could spend days contemplating the circle alone. In truth, it is here in the coin for you to always remember these things when you touch it or look upon it.

Put Faith in the circle and now you have a powerful tool for transformation.



The first image we come to on the coin is the word Faith.

Faith:

It is for Faith that the coin has been created — to be a physical manifestation of Faith, to represent holding, having and keeping Faith with you at all times.

The Word FAITH can also be seen as an acronym:

Focused **A**ction (**A**ttention) **I**ntention **T**hought and **H**armony

Faith can be a wise counselor, guiding and directing those who nurture the seed.

Faith teaches that constantly repeated effort, married to patience, will see THE DREAM accomplished.

If you don't have a dream, then have Faith that the dream will be revealed and ask the universe to show it to you.

*“Faith is the substance of things hoped for,
the evidence of things not seen.”*

— Hebrews. XI. 1.

Faith is a spiritual power, which connects us to the divine within and without – as if there is really any difference between the two. (TAO “winks”)

Having Faith doesn't mean you know or need to know how a given thing will happen, or how you will do something.

Having Faith is a state of being open to answers that come to you from the universe.

Remaining unattached to the outcome you seek is a powerful part of using Faith as a transforming tool in your life.



“The dearest child of Faith is Miracle.”

— Goethe-Faust. I. 1. 413.

Faith works best when you are relaxed, as do many things in life. That is why you will be seeing the word “relax” throughout this booklet as a reminder to do so.

Let it become an on-going mantra in the background of your mind to assist in using the concept of Faith, as well as The Faith Coin, as a tool for transformation in your life.

So, **relax** – let go.

Next we come to the small dots along the edge of each side of the word FAITH; they symbolize mustard seeds.

The Mustard Seeds:



The seeds are there to remind you that all you need is the smallest amount of Faith to get the ball rolling, the universe moving, or yourself creating anything you seek to accomplish.

*“For truly, I say to you,
If you have Faith like a grain of mustard seed,
You will say to this mountain,
‘Move from here to there,’
And it will move, and nothing will be impossible for you.”*

— Matthew 17:14-20 ES

Remember, even if you’ve lost everything, even if you have nothing or if you feel you don’t have enough, do not fear. If all you have is Faith (the coin), let it be your seed. With that seed, you can **always** create more!

The Numbers Of Faith:

There are twenty-six mustard seeds on the coin, which is the numerical value of the word “Faith”.

If you are interested in the mystical ideas behind numbers, I offer the following. For those who might think this to be a dark art, keep in mind that the creator uses science and math to accomplish all of creation.

Relax.



Look at the wonders of the universe.

For example, the periodic table of elements. All the elements are math incarnate. Look at the perfection of a spiral seashell. Math is everywhere:

$$\mathbf{F + a + i + t + h}$$
$$6 + 1 + 9 + 2 + 8 = 26$$

And then $2 + 6 = 8$

“To bring the infinite and finite into harmonious relationship is the purpose and divine inheritance of the number Eight.”
“Thy kingdom come. Thy will be done in earth, as it is in heaven”

Numerology – The Romance in your Name

— By Dr. Juno Jordan

For those who wish to meditate on the spiritual concepts behind the numbers, I offer some keywords. The following are associated with the numbers/letters of the word “Faith”.

(6) Service + **(1)** Creative thought + **(9)** Love, compassion and forgiveness
+ **(2)** Partnership + **(8)** Strength = **(26)** Faith
(2 + 6 = 8) Working for a cause



The next symbol is the crown, a reminder that Faith lifts you up, makes you royalty, the ruler of your realm.

The crown rests on the head, yet above it sits the word “Faith”, symbolic of the higher powers of Faith, the vibrations it embodies, and the higher level it originates from.

Once again, The Crown is symbolic of the connection between what is above (Higher Power, Divine, God) with what is below (your head, man).

Notice the word Faith has five letters. The crown repeats the connection with its five points.

On The Tree of Life, the crown makes reference to the sphere Kether, and that opens up realms to meditate on. For more on this, I highly recommend the book “The Mystical Qabalah” by Dion Fortune.

Relax.

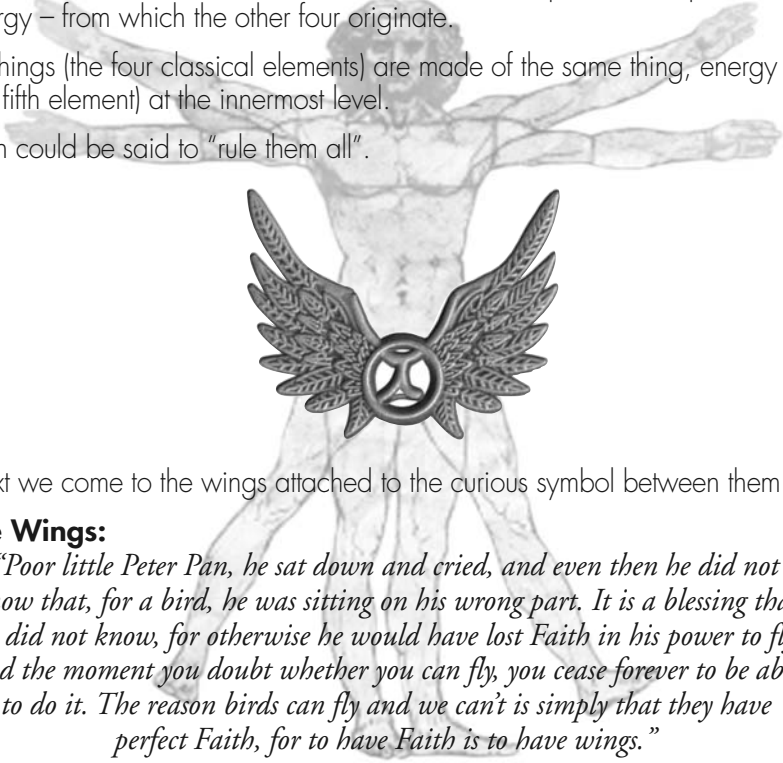


Looking deeper into the coin's symbolism, the crown has a five-pointed star on it. Five is also the number of man, two arms, two legs, plus one head.

The number five can also be associated with the five classical alchemical elements: air, earth, fire, water and the fifth element spirit, aether, pure energy – from which the other four originate.

All things (the four classical elements) are made of the same thing, energy (the fifth element) at the innermost level.

Faith could be said to "rule them all".



Next we come to the wings attached to the curious symbol between them.

The Wings:

“Poor little Peter Pan, he sat down and cried, and even then he did not know that, for a bird, he was sitting on his wrong part. It is a blessing that he did not know, for otherwise he would have lost Faith in his power to fly, and the moment you doubt whether you can fly, you cease forever to be able to do it. The reason birds can fly and we can't is simply that they have perfect Faith, for to have Faith is to have wings.”

— The Little White Bird, by J. M. Barrie

Wings have been symbolic of many things throughout history. A few are: movement, higher realms, enlightenment, and angels, which can be thought of as messengers from above.

Angels can also be considered agents of Faith.

In regards to messages, having Faith sends messages from you to the universe and brings (on wings) messages from the universe back to you!

It has often been said, "thoughts have wings".

Faith can also inform, if one has Faith.

Relax.



Having Faith shouldn't be like grabbing hold of something and digging your nails in, gripping so tightly that you shake with the effort of the strain.

Let your Faith be gentle, like the fluttering of wings.

Faith functions like wings to lift up the lowly from obscurity to the heights of success, love, solvency or whatever it is you seek to create. Having Faith gives you the ability to soar.

Regarding Angels:

Angels appearing or "showing up" in our lives can be real beings from the angelic realms or dimensions, or metaphorical ideas or "manifestations". People can show up in our lives, acting as angels. They bring messages, and more, related to our working with the principles of Faith.

When you are being an expression of selfless love, and living from a place of Faith, you can find **yourself** being the one who shows up in **someone else's** life functioning as an angel.

Real Angels:

If any one angel is to be given authority or to be considered the angel of Faith, that would be the great and most high one called Metatron.

Metatron

"... Metatron is perhaps the greatest of all the heavenly hierarchs, the 1st (as also the last) of the 10 arch-angels of the Briatic world. He has been called king of angels, prince of the divine face or presence, chancellor of Heaven, angel of the covenant, chief of the ministering angels, and the lesser YHWH (the tetragrammaton)."

— "A Dictionary of Angels" by Gustav Davidson

Call on him for help with Faith as though pulling a fire alarm – in emergency only. Let your heart decide if this Holy Angel's help is truly needed for the task.

The Principle Of Allowing:

Let the wings also remind you of the principle of allowing. Faith does not seek to **control**. In using Faith as a transforming tool, allow all things, people and events to **unfold on their own**.

Relax.

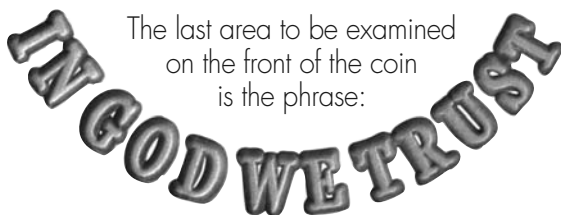
*Have Faith, and the best outcome
for all will always manifest.*





The Curious Symbol:

The symbol is a combination of the letters "T", "A" and "O". "T" and "A" are combined to form the symbol in the center, while the "O" forms the circle around them. TAO is the acronym used for the words "The Ancient One".



This sentence is here for three reasons:

- 1 As a reference to American currency and the value therein.
- 2 Symbolic of the value of Faith itself, the coin holds value both from its physical worth and the spiritual value of the concepts contained on the coin.
- 3 To remind you of where to put your trust or where to tune your consciousness.

This is an affirmation that the one who possesses the coin puts his or her trust in God, a Higher Power, or something larger and more powerful than they are.

It is important to note, however, the power of Faith works even if one has no belief in "God" in the classical sense of the word.

Relax.

Another way of looking at the concept of God might be that G.O.D. can stand for **G**ood **O**rdery **D**irection.

Never underestimate the power of Faith functioning through good orderly direction. The two linked together can be exponentially powerful in their ability to transform!



Fear – Noun

“A distressing emotion aroused by impending danger, evil, pain, etc., whether the threat is real or imagined; the feeling or condition of being afraid.”

— From www.Dictionary.com



THE BACK

Moving on to the back side of the coin, we see the word “fear” on a spider web, within an off-centered circle or sphere.

The word fear sits in the center of the web, where the spider sits, waiting for the next victim to arrive. In addition to this spider-like behavior, the word fear can also be seen as an acronym:

False Evidence Appearing Real

Many times the things we fear are only the imaginings of possibilities and not something that actually exists or ever will exist.

The Spider Web Of Fear:

Fear is like a spider’s web. A web catches and holds an insect, and the more the insect fights with the web, the more stuck they become.

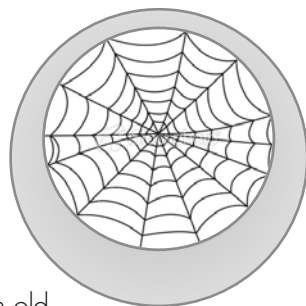
Like the web, fear can entangle those who are unsure of their own power. But as humans acting in our highest capacity, the web of fear is a fragile illusion, which can be easily broken by the power of Faith.

Relax.

The Off-Centered Circle:

When you are “in fear” you are off center, emotionally off balance, not God-centered or connected to your Highest Nature. People, places and things will be able to “push” you in directions you may not want to go. Your fear gives them the power to take you to unhealthy or unsafe places.

Faith roots you like an ancient tree. Take a look at an old tree, the roots run deep and wide to sustain it, to hold it firm. Ask yourself, “What am I rooted to at this moment?”



This is good question to ask periodically.

“Fear is the mind-killer.

Fear is the little-death that brings total obliteration.

I will face my fear.

I will permit it to pass over me and through me.

And when it has gone past I will turn the inner eye to see its path.

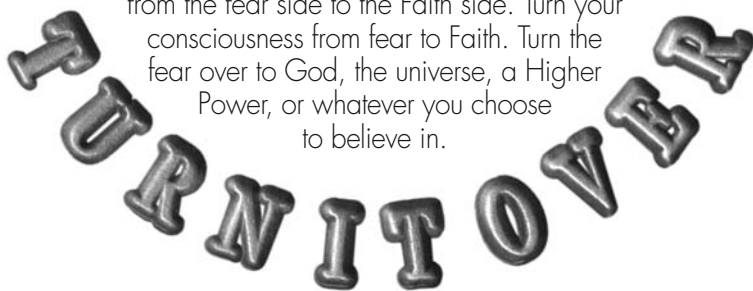
Where the fear has gone there will be nothing.

Only I will remain.”

— From the novel “Dune” by Frank Herbert

Turn It Over:

Basic and straight forward, turn the coin over from the fear side to the Faith side. Turn your consciousness from fear to Faith. Turn the fear over to God, the universe, a Higher Power, or whatever you choose to believe in.



Fear and Anxiety:

Anxiety seems to be an epidemic of our current time in history. The Ancient One has struggled with this emotion, too. Anxiety at its root is fear. If you take a moment to look at this, you'll see that it's true.

The ideas in this booklet can be tools – very powerful tools for handling anxiety and becoming unstuck from “the web” of the emotion called fear. More can be found on this subject under “Suggestion For Use”.

“Deep Faith eliminates fear.”

— Lech Walesa



SUGGESTIONS FOR USE

“The unexamined life is not worth living.”

— Socrates, in Plato, Dialogues, Apology
Greek philosopher in Athens (469 BC - 399 BC)

Take a moment to hold the coin in your hand. Look at the images, feel the weight of it in your palm. Allow anything from this booklet, or your experiences, to flow into your mind. Let these ideas assist you in expressing the transforming power of Faith to whatever it is you are concentrating on at the moment.

Relax.

Sometimes there may be one image on the coin which speaks to you – the mustard seeds for example. Or another time it might be the wings reminding you to call on the angel Metatron.

The wings can be a wake-up call to notice people in your life currently *acting* as angels. Keep your eyes and ears open to humans of all ages that show up to help guide you on your path.



Many of us on earth walk around in an almost robotic state of being and doing. We live in an illusion; a construct of what we think is real.

If we are to make use of the spiritual tool called Faith, we need to be aware **when** we are caught in the web of fear. To do that requires ongoing self-examination.

There is a tale about a man who was a leper. His doctors told him he had to learn a habit called Visual Surveillance of Extremities (VSE).

Visual Surveillance of Extremities (VSE):

When a person has the disease of leprosy, the nerves die. They can't feel if they have been cut or injured. If lepers don't know that they have been hurt, the wounds can become infected and the leprosy will spread.

Much like the story, most of us walk around like nerve-dead lepers. Numbed by the world, we are unaware of how we are feeling or that we are stuck. We are unaware that we have the power to change where we are emotionally.

The Ancient One has developed an acronym to use with The Faith Coin. It is also called VSE, but for this purpose it stands for:



Vantageous – Adjective

A viewpoint or vantage point a person chooses, whereby they now look at something in a way that gives them access to power they did not previously have access to. (Vantageous comes from the words vantage and advantageous)

— Definition created by TAO

Vantageous Surveillance of Emotions (VSE):

To use **VSE** in the emotional sense, you develop the habit of moment-to-moment self-examination. This takes effort at first. Once it becomes habit, however, you will have risen far above the herd. You will break the web with ease; you will shatter the matrix.

Relax.

If fear feels bad, then what emotion does Faith feel like?

Faith feels like Love. It fills you with the strength of confidence, courage, compassion and gratitude.

If we are feeling the emotion of fear, how do we get to Faith or Love?

A great start would be having the belief (Faith) that you **can** get out of fear and into Love, but there is also another tool – induced emotion.

Induced Emotion:

Induced emotion is the ability to pick a feeling you want to feel and then actively “invoke” that feeling for yourself. Now **that** is power.

Learning the ability of induced emotion may not be easy at first, but again, practice makes it so. Once you learn to induce your emotions, you will no longer be a slave to what happens outside of you. Then you can **choose** what to feel whenever you like.

An example of Induced Emotion:

Look at a time when you felt fear. There are two reasons you may have experienced this emotion. Either something happened to you, or you thought of something that caused you to feel fear.

Now, take a moment and think about a kitten. Think about how cute and cuddly the kitten is. Picture the eyes, tail, fur; think about as many details as you can.

If you can get yourself to “feel the love”, then you have just **induced emotion**. You have actively invoked the feeling of Love in the face of fear. (SLAP, SLAP) Take **that** fear! You’ve broken the web and metaphorically turned over the coin.

If you make **VSE** an ongoing habit, you will always be aware of which side of the coin you are functioning from, Faith or Fear.

A POWER GREATER THAN YOU

Here is a powerful prayer for transformation:

“Let me be an instrument of Faith”

Pray often and notice what happens!

If you already have a belief or knowledge that God, The Eternal One, is real then the ideas in this booklet should be easy to grasp. If you don't believe in God then read on, this chapter is for you!

When you see the phrase “In God We Trust” on The Faith Coin, and the word or concept of God causes you to stop, the ideas suggested in this chapter are to simply replace the word “God” with whatever works for you. The transformational concept is to have Faith in something that is larger and more powerful than you are.

Relax!

A Higher Power:

A Higher Power can be any benevolent force which is higher in vibration than you, with intelligence and the ability to have a positive influence on your life.

This basic idea is well known for its association with 12-step programs, but is not exclusive to them.

Some people use the idea of “the group” mind as A Higher Power. With Faith in the group as A Higher Power, messages for **Good Orderly Direction** can come from the group to the individual. Think about the “angels” I spoke of before – people showing up in your life with messages, or more.

The Part Of You That Is Amazing:

There is a part of you, maybe the REAL “You”, that is beyond the five senses. Some call this the Higher Self.

But whatever you call it, this part of you keeps your heart and blood going, your cells growing, and allows for connections between you and the universe that some might call psychic or spiritual. You could spend hours documenting all the amazing things this Higher Self does.

Everything ever done in history, from musical composition, to scientific discovery, to architectural achievement... everything was accomplished by somebody's Higher Self, and *that's* amazing.



If you find it difficult to believe or trust in something greater than or more powerful than you, if the only "Higher Power" you can believe in is that great "You", that's okay! Remember that your Higher Self is capable of doing and being all you see in the world; have Faith in this amazing "You".



Collective Human Possibility:

The history of the world is filled with examples of great works created by someone's Higher Self.



If you combine all these works with their creators, this forms the concept of Collective Human Possibility as a Higher Power.



This is a powerful concept. It can also be an excellent choice to place your trust and Faith in as a power greater than you.

Nature, Science, Or The Universe:

Another possibility you could trust or put confidence in is the power of nature. Look around at all that nature is, all that nature does.



Or you can say science is the expression of everything or call it all "The Universe", which brings us back to the symbol of the circle. Is not all of The Universe greater and more powerful than you are?



The Power Of Believing To Create Reality:

Setting aside all the above, I make the point that although Faith is a divinely given transforming spiritual power, you do not need to believe in the divine to use it.



An Example:

When you were a baby and first tried to stand, you had Faith (a belief) that you could do that, though at that time you had no knowledge of God. (Although some will argue the point of a baby's knowledge of God, we won't discuss that in this booklet)



Another example of Faith in action is going to work every day. You go there with *Faith* that the building will still be there when you get to the location. Faith in something is really simple and doesn't take a belief in a holy book, person, or being.



Relax!



Gratitude – Noun

“The quality or feeling of being grateful or thankful”.

— From www.Dictionary.com

And Now A Few Words From Our Sponsor (The Eternal One):

An important point left out was connecting the concept of Faith to the concept of Gratitude. Faith/Gratitude is a concentrated thought surrounding what you HAVE (and the belief that it is enough/more than enough for what you need.)

Fear (Ingratitude) is a concentrated thought surrounding what you DON'T have (and the belief that you never will.)

If you are in Faith, maintaining a feeling of Gratitude for what you will receive, as though you already have it, the knowledge or whatever it is you are creating will be most effective.

Another way to say or understand this is to simply exchange the positions of Faith and Gratitude in the statement:

“If you are in Gratitude, maintaining a feeling of Faith for what you will receive, as though you already have it, the knowledge or whatever it is you are creating will be most effective”.

Please submit any other ideas you may have or use to replace the “God” concept, that have not been covered here. These ideas will be considered for use in future versions of The Faith Coin booklet.

WHERE TO KEEP IT

Where should you keep your Faith or The Faith Coin? Keep Faith in your heart, or the coin near it. A jewelry bezel would be an excellent way to do this, by wearing it as a necklace or on a bracelet.



The coin can be kept in your pocket, always there for your hand to find, just as Faith is always there when you choose to seek it.

You can keep it in your car, or at your desk.

You could also keep the coin in a protective capsule, on a stand or in a key tag holder.

Please note, however, Faith is not to be thrown in a drawer and forgotten.

Best, of course, would be having Faith everywhere in your life!



(Coin holders pictured can be purchased at thefaithcoin.com website)

A LIVING LEGACY

Legacy – Noun

1. Law. A gift of property, esp. personal property, as money, by will; a bequest.
2. Anything handed down from the past, from an ancestor or predecessor.”

— From www.Dictionary.com



*“If Faith produce no works, I see that Faith is not a living tree.
Thus Faith and works together grow;
No separate life they e’er can know:
They’re soul and body, hand and heart:
What God hath joined, let no man part.”*

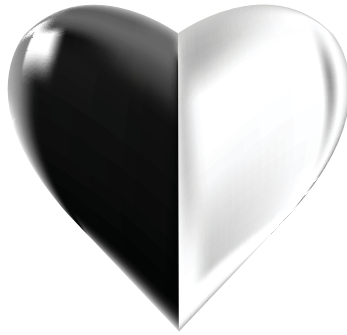
— Hannah More — Dan and Jane.

How The Coin Will Be A Living Legacy:

As you use the coin and develop the transformational tool of Faith in your life, miraculous things will occur. Should you wish to share these experiences, please write a detailed description as to what happened and send them to: info@thefaithcoin.com or go to the web site and submit the story through The Living Legacy Tree.

Please be assured that your privacy will be protected. Only your first name and last initial will be used or the pseudonym you give. Submissions will be considered for the next publication of this booklet, and all appropriate stories will be posted on the coin’s web site. There, anyone can read them and receive the Faith they contain. Thank you in advance for your open hearted sharing.





SOME FINAL THOUGHTS

It is suggested that you read through this booklet whenever you feel drawn to it. Read the booklet on a regular basis until the concepts become assimilated. Repeated reading and contemplation will assist in making the spiritual tool of Faith a great power to transform and create in your life.

Understand that this booklet is not everything to know about Faith, or fear for that matter. However, it is The Ancient One's sincere prayer that this booklet provides a "seed" to get you started on your journey into Faith. Or, if your life is already filled with Faith, that it help in developing Faith as a spiritual tool to assist you in producing life changing miracles.

Now, The Ancient One blesses your coin and bids you well on your journey through life!

Check back often on the Web site (www.thefaithcoin.com) to share the experiences you have with the "The Faith Coin", or to read the stories about using this beautiful gift we've all been given — Faith!

Be well,
The Ancient One
~TAO~
January 2010



ACKNOWLEDGEMENTS

I want to say thank you to some very special people who helped me to manifest this project.

Thank you Dad, where ever you may be, for the seed money to make this dream a reality!

To Wendy Griffin, artist and jeweler extraordinaire, for her beautiful rendering of the original coin concept into artwork, and for her creative input suggesting the crown and spider web design additions. For additional examples of Wendy's work, or to contact her, please visit her Web site: www.wendygriffin.com

To Cindy Anderson-Little, for all her time and creative work organizing the Faith Coin booklet and for being patient with the many revisions in the editing process. Her expertise took this project to a whole new level with the addition of beautiful graphics to accompany the information within.

To Brett Brown M.Ed. for editing, helping me to say what I mean, for being a great friend and for his willingness to be a reflective sounding board to help keep me on the correct path to manifesting this project. For additional information about Brett and his extensive work with the English language and his reading program, you may visit his Web site: www.7Syl.com

Thanks to Dee Moore, my dear friend who is always there, for the awesome Legacy Tree painting; you're creative talents always amaze me – it's exactly what I had in mind!

To Brian S. Hanish, my brother, for great pictures of the coin, web site creation, and his love and support for every project I bring to him. For other examples of Brian's work, or to contact him, you may visit his Web site: <http://paradoxstudio.net/>

To my three girls, Brittany-Heart, Bear-Bear and Nessa, for putting up with The Ancient Ones obsession with The Faith Coin, being awesome kids and an inspiration to me always.

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MOST importantly, I wish to thank my wife, Loren Hanish, for the music she brings to my life, for being an amazing spirit in a human body, for suggesting the final layout of the coin, creating the winged TAO, and for being my partner in creation. I heart you!

And last but certainly not least, a BIG thank you to The Eternal One and all the Angels who have guided me in developing this project, and to those who continue guiding me on a daily basis.





*“Fear knocked at the door.
Faith answered.
No one was there.”*

— Unknown